

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: CNBA

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: NAILI Karim

Coaches: DELCOL Muriel HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BUTTERFLY WOMEN					Heat:2, starttime: 09:00
Heat: 2/5 Lane : 4 Athlete: HARTITI MAISSANE					Q-time: 01:06:23
PB (25m pool): 1:06.12 Mons 25 Oct 2025					PB (50m pool): 1:07.54 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.14		1:06.12	
	30.14		35.98		
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN					Heat:5, starttime: 09:05
Heat: 5/5 Lane : 1 Athlete: CAVADINI VIRGINIE					Q-time: 01:05:69
PB (25m pool): 1:04.84 Mons 27 Oct 2018					PB (50m pool): 1:06.78MSB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.10		1:04.84	
	30.10		34.74		
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:7, starttime: 09:20
Heat: 7/7 Lane : 1 Athlete: VAN HENTENRIJK MATTHIEU					Q-time: 00:59:24
PB (25m pool): 59.24 Dublin (IRL) 14 Dec 2024					PB (50m pool): 1:03.72 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.27		59.24	
	28.27		30.97		
					

Coach feedback:

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Event number: 32: 50M BREASTSTROKE WOMEN										Heat:3, starttime: 09:20	
Heat: 3/5 Lane : 1 Athlete: CAVADINI CAROLINE										Q-time: 00:34:25	
PB (25m pool): 34.12 Sint Amandsberg 10 Nov 2019										PB (50m pool): 35.31 SB:	
	2 5 M		5 0 M								
PB			34.12								
	34.12										
											

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN							Heat:4, starttime: 09:45	
Heat: 4/4 Lane : 8 Athlete: MERCIER SOPHIE							Q-time: 02:23:95	
PB (25m pool): 2:23.95 Gent 11 Nov 2024				PB (50m pool): 2:25.76 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		34.62		1:11.55		1:48.61		2:23.95
	34.62		36.93		37.6		35.34	
								

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN										Heat:3, starttime: 09:55	
Heat: 3/6 Lane : 1 Athlete: TOPBAG SAMI										Q-time: 00:26:16	
PB (25m pool): 26.16 Mons 28 Jun 2025					PB (50m pool): 27.45 SB:						
	2 5 M		5 0 M								
PB			26.16								
	26.16										
											

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN										Heat:5, starttime: 09:55	
Heat: 5/6 Lane : 3 Athlete: VATA GJON										Q-time: 00:25:04	
PB (25m pool): 24.72 Leuven 12 Nov 2022										PB (50m pool): 25.07 SB:	
	2 5 M		5 0 M								
PB			24.72								
	24.72										
											

Coach feedback:

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Event number: 35: 50M BUTTERFLY MEN						Heat:6, starttime: 09:55	
Heat: 6/6 Lane : 8 Athlete: VAN HENTENRIJK MATTHIEU					Q-time: 00:25:83		
PB (25m pool): 25.83 Braine l'Alleud 30 Mar 2024						PB (50m pool): 26.58 SB:	
	2 5 M		5 0 M				
PB			25.83				
	25.83						
							

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN					Heat:1, starttime: 10:20	
Heat: 1/8 Lane : 5 Athlete: CAVADINI VIRGINIE					Q-time: 01:00:65	
PB (25m pool): 1:00.08 Laeken 3 Nov 2018					PB (50m pool): 1:00.80 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		29.40		1:00.08		
	29.40		30.68			
						

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN					Heat:2, starttime: 10:25	
Heat: 2/8 Lane : 6 Athlete: HARTITI MAISSANE					Q-time: 01:00:16	
PB (25m pool): 59.84 Mons 25 Oct 2025					PB (50m pool): 1:01.05 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		28.82		59.84		
	28.82		31.02			
						

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN					Heat:8, starttime: 10:30	
Heat: 8/8 Lane : 1 Athlete: CAVADINI CAROLINE					Q-time: 00:57:95	
PB (25m pool): 57.12 Sint Amandsberg 10 Nov 2019					PB (50m pool): 58.58M SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		27.24		57.12		
	27.24		29.88			
						

Coach feedback:

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Event number: 39: 100M MEDLEY MEN					Heat:4, starttime: 10:40
Heat: 4/9 Lane : 7 Athlete: VAN HENTENRIJK MATTHIEU					Q-time: 01:01:34
PB (25m pool): 1:02.28 Braine l'Alleud 31 Mar 2024					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.71		1:02.28	
	27.71		34.57		
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:5, starttime: 10:40
Heat: 5/9 Lane : 5 Athlete: TOPBAG SAMI					Q-time: 01:00:93
PB (25m pool): 1:00.93 Gent 11 Nov 2024					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.28		1:00.93	
	27.28		33.65		
					

Coach feedback: